

How to make tortillas

You will need:

2 cups of Masa Harina

1 1/4 cups of water

1. Mix ingredients together into a dough.
2. Break off a golf ball size shape.
3. Roll into a circle on a floured piece of baking paper.
4. Transfer into a hot dry frying pan.
5. Cook for about 30 seconds on once side then gently turn.
6. Cook for about 60 seconds before returning to original side for 30 further seconds.

How to make Salsa

Ingredients:

1 Tomato

1/8 Onion

Fresh herbs

Chilli powder to taste

Olive oil

Method:

Chop the tomato, onion and herbs. Add to a bowl with a dash of olive oil. Sprinkle on a little chilli powder to taste. Mix well.