

PSHE OVERVIEW

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Settle into school and make a key relationship	Talk about and describe feelings and emotions	Resolve conflict and consider the feelings of others	Children can think about the perspective of others	Children can manage their own basic needs	Children have a positive sense of self, can express this and hold a positive view of others
Year 1	Feelings and Emotions: Jealousy Relationships: Friendship Being Responsible: Water spillage		Computer Safety: Online bullying Keeping/Staying Safe: Road safety Keeping/Staying Healthy: Washing hands		Our World: Growing in our world A World Without Judgement: Democracy Fire Safety: Hoax calling	
Year 2	Feelings and Emotions: Worry and anger Relationships: Bullying and body language Being Responsible: Practise makes perfect and helping someone in need		Computer Safety: Image sharing and computer safety Keeping/Staying Safe: Tying shoelaces and how to keep safe Keeping/Staying Healthy: Eating healthy and teeth brushing		Our World: Living and working in our world A World Without Judgement: Individual liberty and rule of law Fire Safety: Petty arson and fire station visit	
Year 3	Feelings and Emotions: Grief Relationships: Touch Being Responsible: Stealing		Computer Safety: Making friends online Keeping/Staying Safe: Leaning out of windows Keeping/Staying Healthy: Medicine		Our World: Looking after our world A World Without Judgement: Tolerance Fire Safety: Texting while driving	
Year 4	Feelings and Emotions: Jealousy Being Responsible: Coming home on time Keeping/Staying Safe: Cycle safety		Computer Safety: Online bullying Keeping/Staying Healthy: Healthy Living The Working World: Chores at home		A World Without Judgement: Breaking down barriers First Aid: First aid Growing and Changing: Relationships, puberty and menstruation	
Year 5	Feelings and Emotions: Anger Being Responsible: Looking out for others Keeping/Staying Safe: Peer pressure including views of others		Computer Safety: Image sharing Keeping/Staying Healthy: Smoking including views of others The Working World: Enterprise		A World Without Judgement: Inclusion and acceptance First Aid: First aid CPR Growing and Changing: Puberty and menstruation	
Year 6	Feelings and Emotions: Worry Being Responsible: Stealing Keeping/Staying Safe: Water safety		Computer Safety: Making friends online Keeping/Staying Healthy: Alcohol The Working World: In app purchases		A World Without Judgement: British Values First Aid: Minor injuries and emergencies Growing and Changing: Conception menstruation and puberty	