



"Together we journey to a future of opportunity."

Friday 18th September



Flu Vaccines

An email was sent home last week regarding flu vaccines. Please be sure to look out for this and fill out the online form to give permission for your child to have the vaccine.

Healthy Breaktime Snacks Reminder

To support healthy eating, children may bring a snack for breaktime. Suitable snacks include **fruit, vegetables, breadsticks, or cheese**. Please do not send crisps, chocolate, sweets, or other sugary snacks.

Thank you for your support.



Clubs

We still have a few spaces in the following after school clubs:

- Choir
- Netball
- Tag Rugby

Please log onto Arbor if you would like to sign up for any of these. All other Clubs are now full.



P.E.

Please see attached below our updated P.E timetable for this term. If you have any questions please speak to your class teacher.

Please note-Reception children are not required to wear P.E. kit on their P.E. Days until later in the year-more information will be sent nearer the time.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Year 1	Year 5	Reception	Reception	Year 1
Year 3		Year 2	Year 3	Year 2
Year 4		Year 5		Year 4
		Year 5 Swifts Swimming		Year 6
		Year 6		

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Main)	Macaroni Cheese & Crusty Baguette	Sausage Roll	Roast Chicken & Stuffing	Cod Dog	Breaded Fish Fillet
Option 2 (Vegetarian)	Sweet Chilli Halloumi Wrap	Quorn Stir Fry & Rice	Vegetable Wellington	Vegan Sausage Roll	Vegetable Nuggets
Option 3 (Light Bite)	Egg & Lettuce Sandwich	Tuna & Lettuce Wrap	Cheese & Tomato Sandwich	Ham & Lettuce Sandwich	Tuna & Cucumber Baguette
Option 4	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Carbohydrate / Vegetables	Sweetcorn or Veg Sticks	Diced Potatoes, Reduced Salt Baked Beans	Roast Potatoes, Seasonal Vegetables & Gravy	Potato Wedges, Sweetcorn or Veg Sticks	Crispy Chips, Pasta, Mixed Vegetables & Ketchup
Salad	Garden Salad	Crispy Salad	Classic Salad	Rainbow Salad	Garden Salad
Dessert	Fruit Crunch Pot	Pancakes with Fruit	Ice Cream	Flapjack	Raspberry Ripple Cake

Dates for Your Diary:

- Wednesday 23rd September – Year 5 Walk to St Mary's Church
- Friday 25th September – Year 6 Trip to Skern-Reading Tent
- Monday 28th September – Year 6 Trip to Rosemoor
- Monday 28th September – Netball Club starts
- Tuesday 3rd November – Flu Vaccines

Term Dates:

- Friday 23rd October – Non-Pupil Day
- Monday 26th October – Friday 30th October – Half Term
- Monday 2nd November – Children return to school.
- Monday 21st December – Friday 1st January – Christmas Holidays
- Tuesday 4th January – Non-Pupil Day



Belonging



Resilience



Kindness



Aspiration



Respect



Courage